

THE WINNING FLAVOR

Many teenagers and youth have little or no motivation in life due to Personal frustrations, around issues such as identity and self-esteem or family and school based challenges. Even the ones with much energy, lack purpose, innovation, personal finance awareness; and might misuse that energy to harm or mislead themselves and others in the process.

As teenagers and youth try to measure up to the high standards and expectations of their parents and teachers, some get frustrated that they don't think they are enough to fit into that academic or character expectation.

Families' and schools' situations such as: lack of parental attention and affirmation, separation, divorce, domestic violence, negative social media, verbal abuse, negative teacher relationships, bullying, puberty & adolescence body changes, obesity, peer pressure, sexual abuse, and substance abuse add salt to injury in the lives of our teenagers and youth. These dynamics may lead to withdrawal, lack of focus and concentration during lessons, personal studies and exams, Lack of self-drive and initiative, poor grooming, laziness, Restless, attention seeking, anger and irritability, lack of discipline and also Sex & substance abuse.

This book is the show stopper and one stop shop for the teenager, the youth, the parent, the teacher and the mentor in all the above. It is the Winning Flavor for a tasteless life, Mentorship Extra large (XL).

ABOUT THE AUTHOR



"Leopard King 8" is an accomplished Mentorship Specialist, Clinical Psychologist, Pastor with 15 years of experience, Biochemist, Mediator, Criminologist, and celebrated musician of over two decades (famously known for the hit song "UGALI SOSA"). He considers his works in mentorship for society as a divine calling, akin to the Biblical Daniel, who demonstrated aptitude for learning, wisdom, and service in high places (Daniel 1:4).

Drawing from extensive experience in customer service, microfinance, church ministry, and private enterprise, Leopard King brings a pragmatic, practical, and contextually relevant perspective on human behavior in contemporary settings. His unique blend of expertise makes The Winning Flavor a standout resource in psychology, Christian mentorship, youth development and the family at large.



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MENTORSHIP XL