

Teenagers' Personal Finance Literacy is a core life skill, especially in this day and age when their world is growing highly complex by the day. Whether one comes from low-income backgrounds or more privileged ones, children from as early as twelve must learn basic personal finance concepts like saving, sharing, and spending. Moreover, adopting and building the proper attitude and habits for personal finance management is core to a successful life.

This Personal Finance (Money) Literacy training workbook can also guide parents, teachers, guardians, and other Finance Literacy trainers. It is specially designed to empower teenagers with money management skills for a lifetime of financial well-being from an early age.

The author is part of a team that runs a fun and impactful children's curriculum called The Money Club. Participants learn the basics of money, including savings, personal budgeting, introduction to investments, needs vs. wants, and other significant subjects related to personal finances. The objective is to prepare them to become more financially responsible citizens who will build strong families, neighborhoods, and local and international communities.



About the Author

Elizabeth is a Personal Finance Specialist with over 20 years of work experience in Corporate Finance and holds a Master of Business Administration degree from the University of Nairobi. In addition, she is a Certified Public Accountant of Kenya (CPA-K).

She conducts Finance Literacy training and is a Money Coach with a consultancy firm based in Nairobi, Kenya. Her clients include teenagers, Schools, Institutions of Higher Learning, Churches, NGOs, and other organizations.

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MONEY LESSONS BOOK

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MONEY LIFE-SKILLS FOR THE 21ST CENTURY TEENAGER



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