

ABOUT THE BOOK

Money Coaching is a unique tool for increasing financial literacy. It is distinct from counseling, advising, or teaching. It is useful in financial capacity building. It helps individuals develop economic goals and make behavior changes to achieve them. Participants develop their own action plans defining how these money goals will be reached. This workbook introduces a range of key Personal finance literacy topics as well as personalized assignments that will help you maintain positive management behaviors for a lifetime of financial well being.



ABOUT THE AUTHOR

Elizabeth is a Money Coach, a personal finance expert and a certified financial advisor. She does finance literacy training and is especially passionate about children, Teenagers and young adults.

To cultivate positive money habits, skills and attitudes from an early age for a lifetime of financial well being. She trains in schools, Institutions of higher learning, Churches and other organizations.

Elizabeth holds a Master of Business Administration degree (Finance option) from the university of Nairobi and is a full Accountant (C.P.A K). She holds over 20 years practical work experience in corporate Finance.

She is married and is a mother of 3 children.

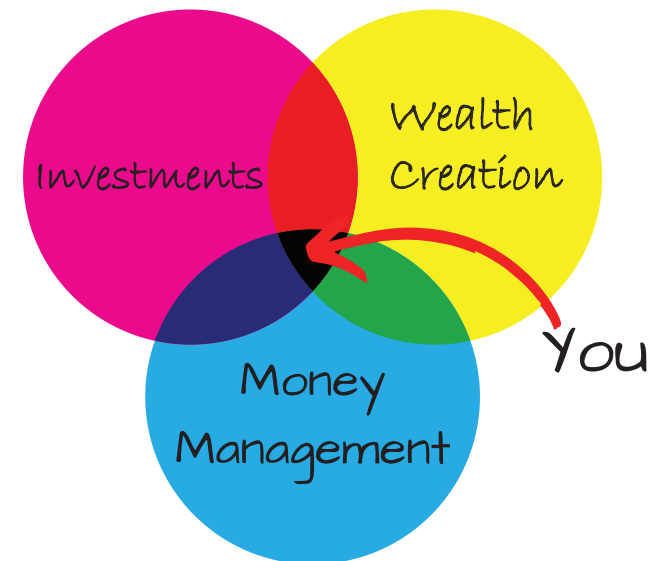


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For a lifetime of financial well-being!

MY PERSONAL MONEY NUGGETS WORKBOOK Elizabeth Waithaka Ndegwa

MONEY MANAGEMENT IS THE FOUNDATION OF ALL WEALTH BUILDING BLOCKS



A PERSONAL MONEY NUGGETS WORKBOOK

Over 52 weeks of Personalized Money Coaching Mini Classics

ELIZABETH WAITHAKA NDEGWA

GET & STAY ON TOP OF ALL YOUR FINANCES

