

SECOND CHANCE WITH A DIFFERENCE

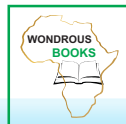
Human beings in the 21st century are tethered around human limitations leading to mistakes, failures, and self-sabotage. Most people make an effort in their relationships with spouses, siblings, parents, workmates, bosses, and business partners but end up in failure and disappointment ruining their chances of success. As much as people try second relationships, jobs, and businesses, some still fail or feel stuck. Why? They do not learn the tools they need. The levels of family squabbles, disagreement among relatives, marital unhappiness and lack of peace and fulfillment, hopelessness, marital crisis, separation and divorce, child abuse, domestic violence, envy, and unhealthy rivalry among leaders are so high today causing serious depression, low self-esteem, bitterness, strained relationships, lost time, opportunities and unmet career and life goals.

This book addresses the sources of our emotional and mental burdens and offers solutions to our inefficiencies and deficiencies. Getting a second chance is not the biggest challenge, but making a difference in the second chance. What would you do differently? How will you make the second chance count? These are the powerful tools that can enable self-healing and inspire a rebirth of a new powerful and unstoppable version of you. My struggles which led me into depression were a wake-up call to get mental health a front seat in my space.

After such a hard fall that threatened all my important relationships and drowned all the things which I thought validated me; I had to seek knowledge and understanding as to how I could heal and recalibrate my life again. I desire that you learn from some of my lessons captured in this book. Could you be Sad, Lonely, isolated, broken, disappointed, betrayed, abused, lost, confused, taken advantage of, stuck, frustrated, angry, depressed, or just there? Could you be feeling the heat of your relationships, parenting, Career progression, business recession; Facing an Identity crisis, or even a midlife crisis? Could you be fearful of aging lonely, disempowered, and unfulfilled?

This is your book!

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"LEOPARDKING" Anderson Ambindi Murunga

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Powerful tools
to make it count

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